Sandwich Menu

Toasties

Cheese	\$3.50
Cheese & Vegemite	\$4.00
Ham & Cheese	\$4.50
Cheese & Avo	\$4.00
Chicken & Avo	\$4.50

<u>Sandwiches</u>

Vegemite	\$2.50
Strawberry Jam	\$2.50
Cheese	\$3.00
Cheese & Vegemite	\$3.50
Salami	\$3.50
Ham & Cheese	\$4.00
Chicken & Cheese	\$4.50

*** Our kitchen uses ingredients which may contain the most common food allergens. If your child has any known allergies or intolerances, please be aware that although The Heart Cafe makes every effort to ensure proper food and beverage handling, there is always a risk of cross contamination.



Northgate State School

Menu for 2024

Open Thursdays & Fridays 8.30am - 2.00pm

Ph: Dani 0416 464 177

Email: heartcafe@nsspc.asn.au

Eftpos available at counter

Online orders must be placed before 8.00am

All mains are to be pre-ordered in the morning.

There will be no counter sales for these items during the first and second breaks.

Mains

Chicken & Crunchy slaw Wrap	\$5.00	
Tender Roast Chicken Breast served with crunchy Slaw & mayo sa	lad	
Bolognese Pasta (GF available on request)	\$5.00	
Spiral pasta with homemade Bolognese sauce & grated vegetables		
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Chicken Nuggets pack (available Thursday only)	\$5.50	
4 Pieces with a serve of fruit		
Maria Bira (CT)	4	
Vege Rice (GF)	\$3.00	
Fluffy Basmati rice with vegetables		
Beef Lasagne (available Friday)	\$5.50	
Vegtable Lasagne (available Friday)	\$5.50	
Mac n Cheese (available Friday)	\$5.50	
Travellers Meat Pie	\$4.50	
Bacon & Cheese Travellers Meat Pie	\$4.50	
Spinach & Cheese Roll	\$4.00	
Sausage Roll	\$3.50	
Party Pie	\$1.00	
<u>Drinks</u>		
Krazy Lemon	\$2.50	
Milk Popper	\$2.00	
Apple & Blackcurrant Popper	\$2.00	
Tropical Popper	\$2.00	
Appple Juice Popper	\$1.50	
Water Bottle	\$1.50	

Snacks

Watermelon Slice/Banana\$1.00
Slinky Apple\$1.50
Carrot Sticks\$0.50
Boiled Egg \$1.00
Pop Corn\$1.50
Vege chips\$1.50
Grain waves\$1.50
Sweet or savoury Bakery Treat\$0.50
Pikelets (Strawberry Jam 50c extra) \$1.00
Surprise me Muffin\$2.00
Cheese & crackers\$2.50
All Natural Jelly cups - Tropical\$1.00
Frozen Yoghurt Pops with fruit\$1.50
Frozen Watermelon on a stick\$1.00
Frozen Grape Cup
All Natural ice block - Apple & Blackcurrant \$1.00
– Apple & Mango\$1.00

Volounteers are welcome every week
to help get lunches out.
Wednesday between 1pm & 3pm
Thursday morning between 8.30am & 11.30
Friday morning and afternoon
as these are the busy periods.

Do you love to Bake?



We go through 70 to 120 sweet treats per day at the Heart Cafe! So if Baking is your forte - We Need You!



Each Thursday there will be a special featured in the Heart Café!

To stay up to date with these exciting specials, check the P&C

Facebook page and the online ordering system QKR each week.