

## Sandwich Menu

### Toasties

Cheese	\$3.00
Cheese & Vegemite	\$3.50
Ham & Cheese	\$4.00
Ham, Cheese & Tomato	\$4.50
Cheese & Avo	\$3.50
Chicken, Cheese & Avo (with or without Mayo)	\$5.00

### Sandwiches

Vegemite	\$2.00
Strawberry Jam	\$2.00
Cheese	\$2.50
Cheese & Vegemite	\$3.00
Salami	\$3.00
Ham & Cheese	\$3.50
Chicken & Cheese	\$4.00

\*\*\* Our kitchen uses ingredients which may contain the most common food allergens. If your child has any known allergies or intolerances, please be aware that although The Heart Cafe makes every effort to ensure proper food and beverage handling, there is always a risk of cross contamination.

# HEART CAFÉ



## Northgate State School Term 2 Winter Menu 2021

**Open Thursdays & Fridays  
8.30am - 2.00pm**

Ph: Dani 0416 464 177

Email: [heartcafe@nsspc.asn.au](mailto:heartcafe@nsspc.asn.au)

**Eftpos available at counter**

**Online orders must be placed before 8.50am**

**All mains are to be pre-ordered in the morning.  
There will be no counter sales for these items during the first  
and second breaks.**

## Mains

<b>Butter Chicken &amp; Rice (GF)</b>	\$5.00
<i>Mild Butter Chicken served on a bed of fluffy basmati rice.</i>	
<b>Chicken &amp; Crunchy slaw Wrap</b>	\$4.00
<i>Tender Roast Chicken Breast served with crunchy Slaw &amp; mayo salad</i>	
<b>Bolognese Pasta (GF available on request)</b>	\$4.00
<i>Spiral pasta with homemade Bolognese sauce &amp; grated vegetables</i>	
<b>Chicken Nuggets pack (available Thursday only)</b>	\$4.50
<i>4 Pieces with a serve of fruit</i>	
<b>Hot Roast Chicken Roll (available Friday only)</b>	\$4.00
<i>Roast BBQ Chicken served in a roll with either gravy or mayo</i>	
<b>Vege Rice</b>	\$3.00
<i>Fluffy Basmati rice with vegetables</i>	
<b>Travellers Meat Pie</b>	\$3.50
<b>Sausage Roll</b>	\$3.50
<b>Spinach &amp; Cheese Roll</b>	\$3.50
<b>Party Pie</b>	\$1.00

## Drinks

<b>Water</b>	\$1.00
<b>Milk Popper</b>	\$1.50
<b>Tropical / Apple &amp; Blackcurrant Popper</b>	\$1.50

## Condiments Available

<b>Tomato Sauce</b>	<b>Sweet Chilli (Mild)</b>
<b>BBQ Sauce</b>	<b>Soy Sauce</b>
<b>Mild Mustard</b>	<b>Mayo</b>
<b>Gravy</b>	

## Snacks

<b>Watermelon Slice</b>	\$0.50
<b>Slinky Apple / Banana</b>	\$1.00
<b>Carrot Sticks</b>	\$0.50
<b>Boiled Egg</b>	\$1.00
<b>Pop Corn</b>	\$1.00
<b>Vege chips</b>	\$1.00
<b>Grain waves</b>	\$1.00
<b>Sweet or savoury Bakery Treat</b>	\$0.50
<b>Pikelets - with or without Strawberry Jam</b>	\$1.00
<b>Surprise me Muffin</b>	\$2.00
<b>Cheese &amp; crackers</b>	\$2.50
<b>All Natural Jelly cups - Tropical</b>	\$1.00
<b>Frozen Yoghurt Pops with fruit</b>	\$1.50
<b>Frozen Watermelon on a</b>	\$0.50
<b>Frozen Banana on a stick</b>	\$0.50
<b>Icy pole</b>	\$1.00
<b>All Natural ice block - Apple &amp; Blackcurrant</b>	\$1.00
<b>- Apple &amp; Mango</b>	\$1.00

### **Everyday Lunch Pack \$5.00**

- 1 x Sandwich – Vegemite, Strawberry Jam or Cheese
- 1 x Popper - Tropical or Apple & Blackcurrant
- 1 x Slinky Apple
- 1 x Bakery Treat

### **Value Hot Pack \$6.50**

- 1 x Hot item – Pie, Sausage roll or Spinach & Cheese roll
- 1 x Popper - Tropical or Apple & Blackcurrant
- 1 x Slinky Apple
- 1 x Bakery Treat

Each Thursday there will be a special featured in the Heart Café!  
To stay up to date with these exciting specials, check the P&C Facebook page and the online ordering system each week.